

# ENDOWED WITH POWER FROM ON HIGH

## PROVIDENCE UTAH SOUTH STAKE

“The temple lies at the center of strengthening our faith and spiritual fortitude because the Savior and His doctrine are the very heart of the temple. Everything taught in the temple, through instruction and through the Spirit, increases our understanding of Jesus Christ. His essential ordinances bind us to Him through sacred priesthood covenants. Then, as we keep our covenants, He endows us with His healing, strengthening power. And oh, how we will need His power in the days ahead.”

(President Russell M. Nelson, October 2021)

Endowed members are invited to make and keep five covenants that bind and yoke them with Jesus Christ. Faithful adherence to these covenants allows Him to endow His disciples with His healing & strengthening power.

### OBEDIENCE

We are invited to live the law of **obedience** and strive to keep Heavenly Father’s commandments.  
***Jesus Christ was the perfect example of obedience.***

### SACRIFICE

We are invited to obey the law of **sacrifice**, which means sacrificing to support the Lord’s work and repenting with a broken heart and contrite spirit.  
***Jesus Christ was the great and last sacrifice and a living example of how to offer a broken heart and contrite spirit.***

### GOSPEL OF JESUS CHRIST

We are invited to obey the law of **the gospel of Jesus Christ**, which is the higher law that He taught while He was on the earth.  
***Jesus taught, “I am the law and the light. Look unto me and endure to the end, and ye shall live.” (3 Nephi 15:9)***

### CHASTITY

We are invited to keep the law of **chastity** which means having sexual relations only with those to whom we are legally and lawfully wedded according to God’s law.  
***Jesus Christ was the perfect example of cleanliness and purity.***

### CONSECRATION

We are invited to keep the law of **consecration**, which means dedicating our time, talents, and everything with which the Lord has blessed us to building up Jesus Christ’s Church on the earth.  
***Jesus Christ was the perfect example of a consecrated life; a life set apart for a sacred & holy purpose.***

“We take the Savior’s yoke upon us as we learn about, worthily receive, and honor sacred covenants and ordinances. We are bound securely to and with the Savior as we faithfully remember and do our best to live in accordance with the obligations we have accepted. And that bond with Him is the source of spiritual strength in every season of our lives.” (Elder David A. Bednar, October 2021)